

Class of 2021

***Welcome to your SENIOR
YEAR!!!!***

School Counselors

Mr. Neidrick

A-C

Mrs. Unger, Director

D-Ga

Mrs. Snowden

Ge-Man

Ms. Nichols

Mar-Roc

Ms. Robinson

Rod-Z

Additional School Counseling Staff

Mrs. Van Meter

Registrar

Mrs. Jones

Secretary

Mrs. Post

Career Coach

Mrs. Baer

**Accountability
Specialist**



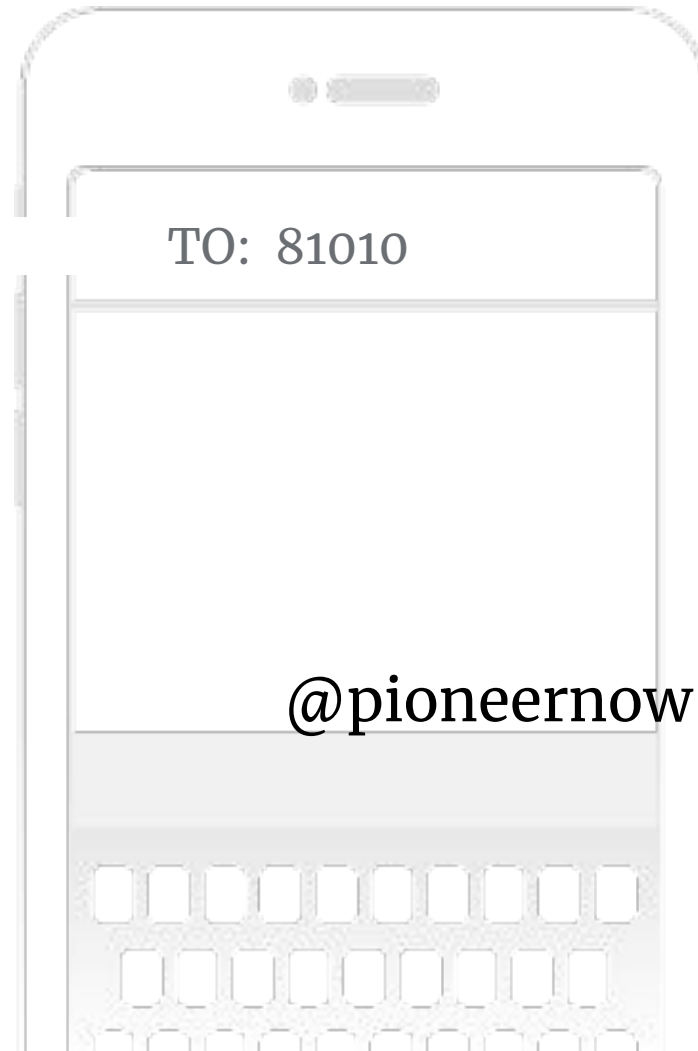
STAYING CONNECTED

Google Classroom

- Join the School Counseling Google Classroom to receive important information and to sign up to see the school counseling staff.
- The code to join is:
rtbjyp6

REMIND

Join MHS
Counseling on
Remind by
texting
[@pioneernow](#)
to 81010



Twitter

Follow MHS School
Counseling on Twitter.

@MHScounseldept

Topics

- **Graduation Requirements & Post Secondary Plans**
- **Searching and Selecting Colleges**
- **College Application Process**
- **Parchment & Requesting Transcripts**
- **NCAA Eligibility Center**
- **Financial Aid & Scholarships**

**Millbrook High School
CEEB Code**

472431

Diploma Types

Advanced Diploma

- 4 English
 - 4 Math
 - 4 Science
 - 3 disciplines
 - 4 Social Studies
 - 3 World Language
 - or 2 years of 2 different
 - 2 Health/PE
 - 1 Fine, Practical Art, or CTE
 - 1 Economics/Finance
 - 3 Electives
- TOTAL CREDITS: 26**

Verified Units of Credits (SOL's)

- 2 English
 - 1 Reading/1 Writing
- 2 Math
- 2 Science
- 2 Social Studies
- 1 Student Select

Diploma Types

Standard Diploma

- 4 English
 - 3 Math
 - 3 Science
 - 2 disciplines
 - 4 Social Studies
 - 2 Health/PE
 - 1 Economics/Finance
 - 2 Fine, Practical Art, or CTE
 - 3 Electives
- **2 sequential electives must be taken

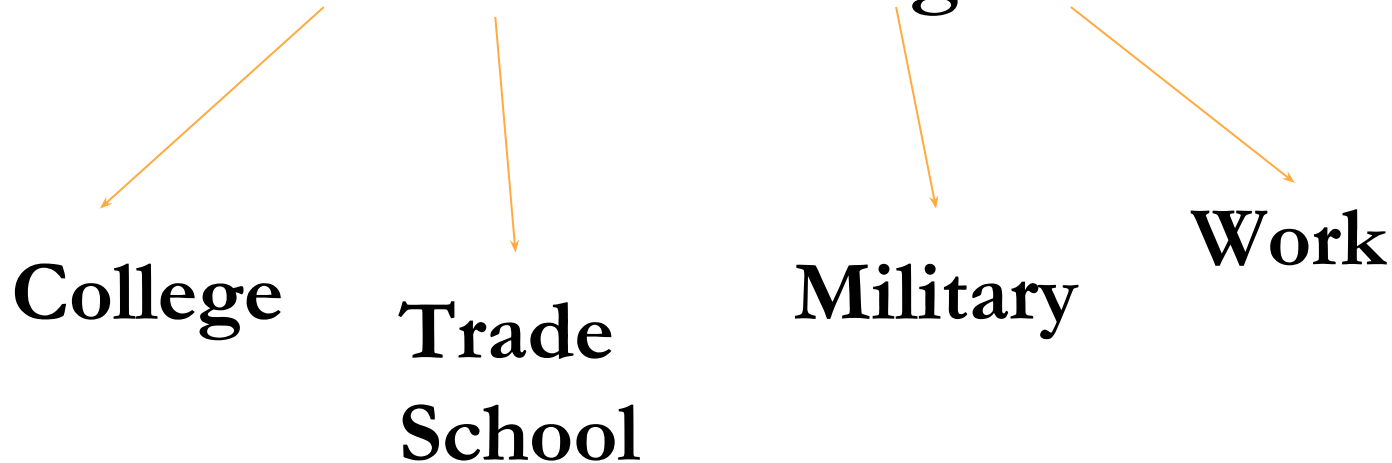
TOTAL CREDITS: 22

Verified Units of Credit (SOL's)

- 2 English
 - 1 Reading/1 Writing
 - 1 Math
 - 1 Science
 - 1 Social Studies
 - 1 Student Select
- * Industry Certification

Where are you going?

Graduation from High School



Selecting a College

- 4-year College vs. Community College
- Location
- Size
- Major
- Cost
- Housing
- Student Mix
- Sports and other Extracurricular Activities

Searching for Colleges

- **BIG FUTURE-** the one stop shop for researching colleges
<https://bigfuture.collegeboard.org/>

The screenshot shows the BigFuture website interface. At the top, there's a navigation bar with links for SAT, PSAT/NMSQT, AP, College Planning, College Search, YouCanGo!, CLEP, and More. Below this is the BigFuture logo and a search bar with the text "Find Colleges, Advice and More". The main content area features a large image of a smiling woman, Monica, with a "Meet Monica" label. To her right, there are three circular callouts: a green one saying "It's okay to change your plans even if it means changing your major." with a "Watch" button, a pink one saying "Not sure where to start? Go +", and a blue one saying "Explore college majors.". Below the image, there are three main sections: "find colleges" with a search bar and "Go" button, "pay for college" with a slider set to "\$1 billion" and a "Get the Facts" button, and "make a plan" with a "What grade are you in?" section showing radio buttons for 8th or lower, 9th, 10th, 11th, 12th, and 11-12 grad. The footer includes a "Welcome!" message, "Sign up" and "Sign in" buttons, and "Me", "My Colleges", and "My Plan" links.

Selecting a College

- Choose several colleges of interest.
- Most colleges are hosting virtual college visits. Check the colleges' admissions websites for more information.
- Narrow your choices to 3 or 4 to which you want to apply.

Admissions Decisions

College Admission Counselors typically consider:

- **Strength of schedule**
- **GPA**
- **Test Scores**
- Class Rank
- Extra-curricular activities
- Essay
- Letters of recommendation
- Interview

Tips from Admission Counselors

- Be careful how you present yourself online. Admissions counselors may look at social media.
- Admissions counselors read thousands of applications... Stand out from the crowd. Be creative.
- With rolling admissions – earlier is better.
- Colleges want students who will succeed and increase retention rates. Taking Honors and AP classes proves your ability to work at the college level.
- If you are waitlisted at your dream school, write a letter. The more you make the admissions office aware of your interest, the better your chances may be of being admitted if a slot opens up.



The College Application Process



Research Admissions and Application Requirements

- ❑ Identify the colleges/universities that you plan to apply to and review the following information on their admissions web sites.
 - ❑ Admissions requirements
 - ❑ Application requirements and deadlines
 - ❑ Online application (Do they use their own application or do they use The Common Application or The Coalition Application?)
 - ❑ Forms required for the application, such as secondary school report forms or counselor report forms

SAT/ACT Testing

- The test dates and registration information are posted on the following websites:
 - www.collegeboard.org
 - www.actstudent.org
- Registration should be completed online at the above web sites.
- **4-year college-bound Seniors should plan to complete SAT and/or ACT testing before January, 2021, due to college application deadlines. Due to the pandemic, some schools are not requiring the tests. Please check with admissions offices to find out if they are required before signing up.**

SAT/ACT Test Dates

SAT

- O* November 7, 2020
(deadline to register is Oct. 7)
- O* December 5, 2020
- O* March 13, 2021
- O* May 8, 2021
- O* June 5, 2021

ACT

- O* December 12, 2020
- O* February 6, 2021
- O* April 17, 2021
- O* June 12, 2021
- O* July 17, 2021

Submitting SAT, ACT, and AP Scores

- ❑ Most 4-year colleges/universities require official SAT and/or ACT score reports. You will need to request that your test scores be sent to your colleges/universities.
- ❑ If you have not yet taken the SAT or ACT or you plan to retake one or both, you can request that your score reports be sent to colleges/universities when you register. There is no fee to send your scores to four colleges/universities at the time that you register. There is a fee to send scores after you have taken the tests.

SAT - www.collegeboard.org

ACT - www.actstudent.org

Submitting SAT, ACT, and AP Scores

- ❑ If you have taken AP Exams and you would like to send AP Exam score reports to colleges/universities, login to your College Board account at www.collegeboard.org. You will want to send the score reports if you want the colleges/universities to consider awarding college credit.

Parchment

- ❑ Parchment (www.parchment.com) is the online system that you will use to request that your official transcripts be electronically submitted to your colleges/universities.
- ❑ Please DO NOT use your school email for this account. You will need to use a personal email.

Parchment

- ❑ You will be using Parchment to send your transcripts when you initially apply to colleges/universities, to send your mid-year transcripts once 1st Semester grades are finalized, and to send your final transcript to the college/university you plan to attend.

- ❑ During your first transcript request to each college, place two orders:
 - ❑ Order #1 - “send grades now”
 - ❑ Order #2 - “hold for grades”, which allows your 1st Semester grades to be sent.

❑ Parchment Tutorials

- ❑ Welcome to Parchment:
<https://www.youtube.com/watch?v=84QdeQm6rOw>
- ❑ How to Register in Parchment:
<https://youtube.com/cpc3kbGzu0A>
- ❑ How to Order a Transcript:
<https://www.youtube.com/watch?v=0-GDRBBX1Q8>

Letters of Recommendation

- ❑ If letters of recommendation are required, determine how many are required and ask teachers, counselors, club sponsors, coaches, or administrators to write them.
- ❑ Ask your recommenders at least 2 weeks prior to when you need the letters sent to colleges.
- ❑ Provide a copy of your activities résumé to your recommenders along with a completed “**School Counselor College Recommendation Questionnaire**” or share it with them in Google.
- ❑ Most letters of recommendation are submitted online. If they cannot be submitted online, see your counselor.

Submitting Applications and Supplemental Material

- ❑ Order your transcript through Parchment.
- ❑ Complete and submit your portion of the online application prior to the application deadline.

The Common Application

- www.commonapp.org
- **When filling out the recommender section, please enter your counselor's email address.**
- **Notable Common App Schools**
 - William & Mary
 - George Mason
 - UVA
 - Virginia Tech
 - Mary Washington
 - University of Richmond
 - Radford
 - Old Dominion
 - Randolph Macon
 - Virginia Commonwealth University

The Coalition Application

- www.coalitionforcollegeaccess.org
- When filling out the recommender section, please enter your counselor's email address.
- Notable Coalition Schools
 - Clemson
 - JMU
 - Duke
 - Christopher Newport
 - Virginia Tech
 - NC State
 - Penn State
 - University of Richmond
 - William and Mary
 - Mississippi State

Requesting Official Transcripts from LFCC

- ❑ If you have completed dual enrollment courses during high school, you will need to have your LFCC official transcripts sent to the colleges/universities.

LFCC–Bound Seniors

- Tell your school counselor if you plan to attend LFCC.
- Our Career Coach will meet with you to explain the steps to enroll at LFCC.
- LFCC Foundation Scholarships open in January and close in March.
- No SAT/ACT test required for admission.
- Placement testing may be applicable.

Financial Aid

- **Complete the FAFSA after October 1, 2020**
- **FAFSA (Free Application for Federal Student Aid) <https://studentaid.gov/>**
 - Grants
 - Loans
 - Work
 - Scholarships

NCAA Eligibility

- www.ncaaeligibilitycenter.org
- Division I and Division II college-bound athletes must register with the NCAA Eligibility Center after the completion of their Junior year.
- Request through Parchment that your transcript be sent to NCAA.
- You will need to send your SAT and/or ACT scores to NCAA through Collegeboard or the ACT website.
- Notify your counselor and the Registrar that you have registered with NCAA.

Scholarships

- Scholarship opportunities are available now and will be ongoing.
- Scholarships are announced on Student Announcements, listed on the MHS School Counseling website and Google Classroom, and are available in the Counseling Office.
- MHS Local Scholarships, MPAA Scholarships, and Frederick County Educational Foundation Scholarships

ASVAB

- **Armed Services Vocational Aptitude Battery**
- Multiple choice exam in the following areas:
 - General Science
 - Arithmetic Reasoning
 - Word Knowledge
 - Paragraph Comprehension
 - Mathematics Knowledge
 - Electronics Information
 - Auto & Shop Information
 - Mechanical Comprehension
- **Must take the ASVAB if you plan on enlisting in the military**

ASVAB

- Must achieve a certain score on the ASVAB to be eligible for enlistment.
- AFTQ (Armed Forces Qualifying Test)
 - Air Force 36 (GED Graduate is 65)
 - Air National Guard 31 (GED Graduate is 50)
 - Coast Guard 45 (GED is 46)
 - Navy 35 (GED is 50)
 - Marines 32 (GED is 50)
 - Army 31
- The AFTQ determines how qualified you are for certain military occupational specialties and Enlistment Bonuses. A high score will improve your chances of getting the specialty/job and signing bonus you want.

Preparing for the ASVAB

- DO NOT skimp on preparing for this test!
- Thousands of practice tests online
 - Google “ASVAB Practice Test”
- Practice books available in the library.

KEEP UP YOUR GRADES!

- All credits earned in high school count toward your GPA (grade point average).
- All four years count. Colleges do NOT want you to take a “light” senior year.
- You will need to request current, mid-year, and final grades through Parchment.
- Once accepted to a college, your acceptance may be rescinded if you do not keep your grades up through the remainder of the year.



***Have a GREAT Senior
year!!!***